



Camping and leisure in  
the middle of **Bresse**



*la plaine tonique*  
Vivre grandeur nature

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# A place for nature, relaxation and leisure

la plaine tonique



...is full

of life



■ In the middle of Bresse, La Plaine Tonique is a unique place for leisure activities and new experiences. A visit to La Plaine Tonique, is to set off on a journey full of laughter, happiness and adventure.



"Free and unlimited access to the swimming-pool for campers\*\*"

■ La Plaine Tonique is a place to get away from it all and feel completely free. Dive into its 120 hectare lake, wend you way along the fitness trail before picnicking in the shade of the poplar trees. Spend the afternoon strolling along the footpath on the banks of the river, or enjoy a pleasant outing on foot, bike or horseback.

*Here, Nature has no limits!*

...full

of happiness



■ Imagine... You are stretched out on a sunny beach, beside a lake surrounded by trees. The children are paddling in complete safety and the only decision you have to make, is whether to water ski, play volleyball, boules or... chill out!

and fun

■ La Plaine Tonique, is also a village dedicated to leisure: not only sports facilities, a pool, and well tended natural surroundings, but also shops, and services, a snack-bar, a restaurant. And throughout the complex friendly, efficient and attentive staff.



\* Special rules for groups



# la plaine tonique

Nights like nowhere else

## in Cottage Class

■ Functional and comfortable, they include a sitting room with fully equipped kitchenette, bathroom and WC and 3 bedrooms (2 double beds and 1 bunk bed). More space is provided

by a veranda with garden furniture. This accommodation is ideal for families with small children.



## in Cottage Moréa

■ Functional and comfortable, they include a sitting room with fully equipped kitchenette, bathroom and WC and 2 bedrooms (1 double bed, 1 single bed and 1 bunk bed). More space is provided by a veranda with garden furniture. This accommodation is ideal for families with small children.



## in mobile home



■ Functional and comfortable, they include a sitting room with fully equipped kitchenette, bathroom and WC and 2 bedrooms (1 double bed and 2 twin beds). More space is provided by a veranda with garden furniture and parasol. This accommodation is ideal for families with small children.



Our wide range of holiday accommodation offers you the assurance of optimum comfort.

	CAMPING	RENTAL ACCOMMODATION
Arrival	2 p.m. to 8 p.m.	4 p.m. to 8 p.m.
Departure	9 a.m. to 12 a.m.	8 a.m. to 10 a.m.

Pets are not permitted in rental accommodation

on  
a campsite



■ You are welcome to stay at La Plaine Tonique's campsite\*\*\*\*, in a green and landscaped setting beside the lake close to all the site activities and events and to all the shops and services too. Every pitch has an electricity supply (you need an European adapter – ref. IP 44) and provides an area of at least 100 m<sup>2</sup>, ensuring peace and privacy.

Attention, dogs are not allowed on the beaches, a swimming area is available for them in the "Pêche" sector.



# la plaine tonique

Every kind of leisure activity,  
at the water's edge!



# la plaine tonique

in great form

Full  
of excitements

If you like excitement and thrills, this is the place for you.

- La Plaine Tonique, offers an ocean of water fun: catamaran, canoeing, windsurfing, water skiing, wakeboarding, archery, mountain biking, roller-skating, tennis and team sports are all on offer.

La Plaine Tonique will get you fit.  
You have been warned!



# Our aquatic centre a wave of pleasure!

The entrance of the aquatic centre gives admission to our 5 pools fed by natural hot spring water at 28°C drawn from the ground water deep beneath the surface.

## ■ Our complex includes:

- > one large pool of 560 m<sup>2</sup>,
- > one small pool with a depth of 1 metre,
- > two giant water slides 50 m and 100 m long;
- > one play area with a stream of running water,

- > water jet, hydromassage beds, water play fountain
- > a 150 m<sup>2</sup> paddling pool.
- > one sauna

## ■ Plus:

- a 4 lane indoor/outdoor pool with sliding roof and walls.

# la plaine

# tonique

in the middle  
of a fertile region

in the heart of  
nature



- Bresse invites you to discover its charms and its secrets: a unique heritage, unspoiled nature, renowned fine food, especially Bresse poultry famous for its flavour!

in the heart of  
tradition

- Where the vineyards of Burgundy Mâcon and the Monts du Jura, meet, Bresse is a land where you eat and drink well.



in the heart of  
history

