



la plaine tonique
Vivre grandeur nature

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Rhône-Alpes



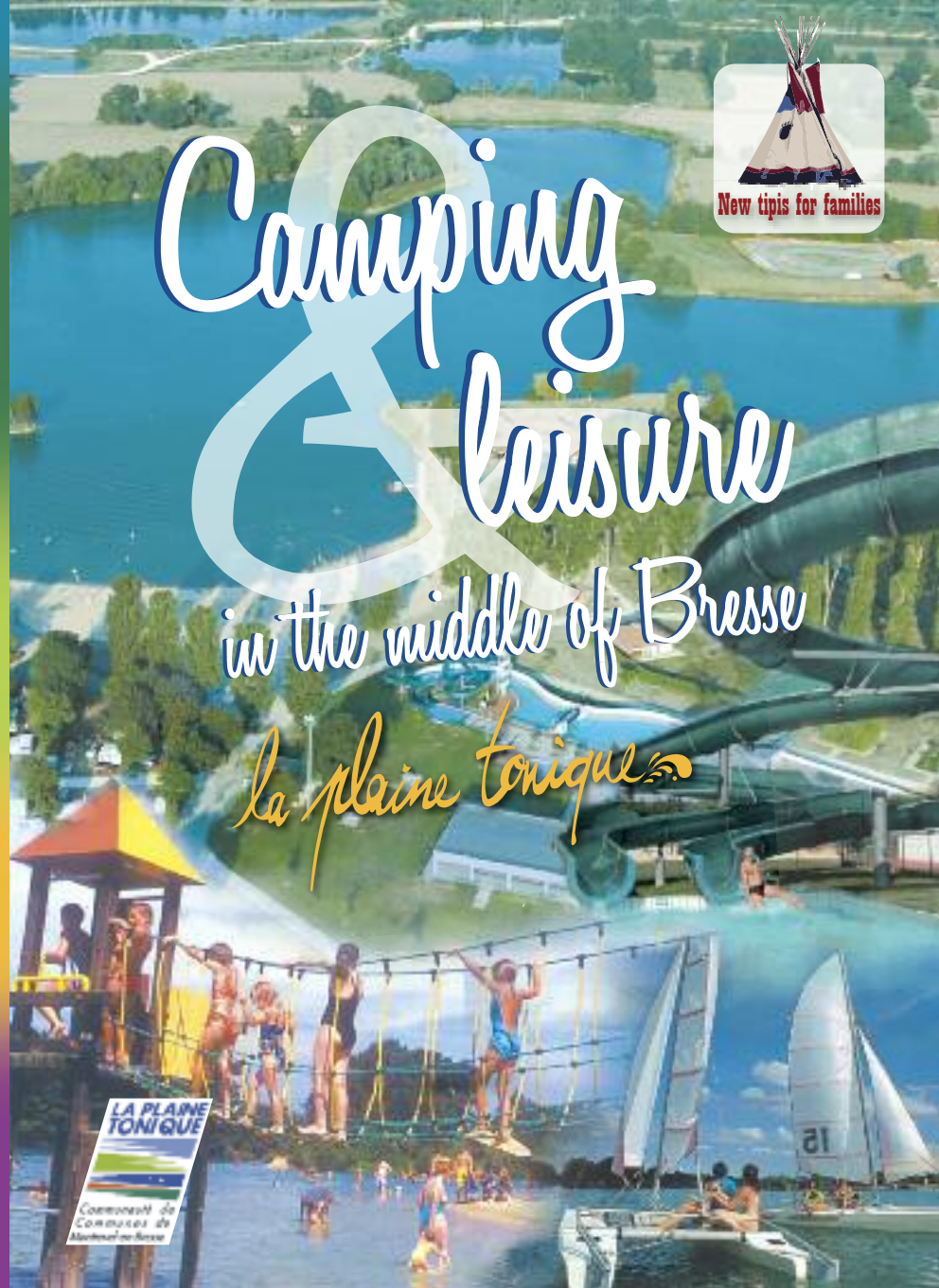
UNION EUROPÉENNE
PROGRAMME LEADER II



Camping & loisire

in the middle of Bresse

la plaine tonique



A place for nature, relaxation and leisure

la plaine tonique



...is full of life



- In the middle of Bresse, La Plaine Tonique is a unique place for leisure activities and new experiences. A visit to La Plaine Tonique, is to set off on a journey full of laughter, happiness and adventure.



"Free and unlimited access to the swimming-pool for campers**"

- La Plaine Tonique is a place to get away from it all and feel completely free. Dive into its 120 hectare lake, wend you way along the fitness trail before picnicking in the shade of the poplar trees. Spend the afternoon strolling along the footpath on the banks of the river, or enjoy a pleasant outing on foot, bike or horseback.

Here, Nature has no limits!

...full of happiness



- Imagine... You are stretched out on a sunny beach, beside a lake surrounded by trees. The children are paddling in complete safety and the only decision you have to make, is whether to water ski, play volleyball, boules or... chill out!

and fun

- La Plaine Tonique, is also a village dedicated to leisure: not only sports facilities, a swimming-pool, and well tended natural surroundings, but also a bakery, a snack-bar and a restaurant. And throughout the complex friendly, efficient and attentive staff.



* Special rules for groups



la plaine tonique

Nights like nowhere else



in Cottage Class

- Functional and comfortable, it includes a sitting room with fully equipped kitchenette, bathroom and WC and 3 bedrooms (2 double beds and 1 bunk bed). More space is provided by a veranda with garden furniture. This is ideal for families with small children.



in mobile home



- Functional and comfortable, it includes a sitting room with fully equipped kitchenette, bathroom and WC and 2 bedrooms (1 double bed and 2 twin beds). More space is provided by a veranda with garden furniture and parasol. This accommodation is ideal for families with small children.

Our wide range of holiday accommodation offers you the assurance of optimum comfort.

	CAMPING	RENTAL ACCOMMODATION
Arrival	2 p.m. to 7.30 p.m.	4 p.m. to 7.30 p.m.
Departure	9 a.m. to 12 a.m.	8 a.m. to 10 a.m.

in Cottage Moréa



- Functional and comfortable, it includes a sitting room with fully equipped kitchenette, bathroom and WC and 2 bedrooms (1 double bed, 1 single bed and 1 bunk bed). More space is provided by a veranda with garden furniture. This accommodation is ideal for families with small children.

in Cottage Samoa ND



- Functional and comfortable, it includes a sitting room with fully equipped kitchenette, bathroom and WC and 2 bedrooms (1 double bed, 1 single bed and 1 bunk bed). More space is provided by a veranda with garden furniture. Equipped with a ramp for wheelchair access, this accommodation is ideal for families with disabled persons.

la plaine tonique

in great form

Full
of excitements

If you like excitement and thrills, this is the place for you.

- La Plaine Tonique, offers an ocean of water fun: catamaran, canoeing, windsurfing, water skiing, wakeboarding, archery, mountain biking, roller-skating, tennis and team sports are all on offer.

La Plaine Tonique will get you fit.
You have been warned!



Our aquatic centre a wave of pleasure!

The entrance of the aquatic centre gives admission to our 5 pools fed by natural hot spring water at 28°C drawn from the ground water deep beneath the surface.

■ Our complex includes:

- > one large pool of 560 m²,
- > one small pool with a depth of 1 metre,
- > two giant water slides 50 m and 100 m long;
- > one play area with a stream of running water,

- > water jet, hydromassage beds, water play fountain
- > a 150 m² paddling pool.
- > one sauna

■ Plus:

- a 4 lane indoor/outdoor pool with sliding roof and walls.

la plaine

tonique

in the heart of

nature



- Bresse invites you to discover its charms and its secrets: a unique heritage, unspoiled nature, renowned fine food, especially Bresse poultry famous for its flavour!

in the heart of

tradition

- Where the vineyards of Burgundy Mâcon and the Monts du Jura meet Bresse - a land where you eat and drink well.



in the heart of

history

